

WASHINGTON COUNTY ROAD RUNNERS CLUB

ESTABLISHED 1974

NOVEMBER, 2018

VOL. 18 / No. 11

VISIT US ON THE WEB @WWW.WCRRRC.COM (OR .ORG, OR NET)

NEWS AND NOTES

Greetings to one and all. We are now on the home stretch of the 2018 GP. There are only a few more races left for the Short Distance standings. Make sure that if you are doing a Turkey Trot race out of town and you want it to count in your standings, please be sure to turn the times in to Tom and Grace. There is still time to get in any long-distance races in for the LDGP.

From all of us at the central desk of the WCRRC newsletter staff we want to wish all of you a very Happy Thanksgiving. Take some time to be thankful for family, and for all of you doing any Turkey Trots to look forward to the meal afterwards.

We would like to welcome another new member to the WCRRC. Welcome to Karen Ilkin. Karen lives in Pittsburgh and is going to be another competitive walker to look for at races. She has already competed in the Waynesburg Homecoming Race. Great to have you as a member, Karen, and hope to see you at more races in the future.

In next month's edition we should have the date set for the 2018 Annual Banquet. It will also be time to start getting ready to renew the dues for the club.

For anyone who is interested, on November 1th the annual Cross Creek Chili Challenge will be held at the Cross Creek Trail in Belle Vernon. After the run of either 4 or 10 miles we will be joining Walter Bennett at his house to enjoy some great chili and great company. The run will start at 10:00 AM.

OCTOBER AT THE RACES

October saw a lot of short distance club races, with a great showing from all our members.

Tanger Outlet 5K

Around 475 runners and walkers did the 3 laps around the mall this year. And the weather did hold up for all them. Doug Bazinski was the overall winner in a time of 19:18. Tina Seech was our first female finisher and second overall in a great time of 19:35. And Rich Sandala took top WCRRC honors in a time of 20:03.

Waynesburg Homecoming 5K

For the Waynesburg Homecoming race we had Michael McCormick as our first male finisher in a time of 20:55, and mom Ann as the first female WCRRC member in 29:38. Great to see Albie Rinehart out on the course again. And Kelley Murdock taking top honors in the walk in 34:35.

Chamber Chase 5K

The 10th annual edition of the Chamber Chase 5K saw a clean sweep for the top three honors to the WCRRC. Congrats to Heath Piper, Mike Romzy and Carl Kondrach for taking the crowns. Also Kelley Murdock was out first female running finisher and third overall in 23:13. And in the walk category we had Barrie Baker finishing first overall in a time of 48:18.

And we couldn't finish without congrats to Stush Sadowski for his first overall finish at the McDonalds McRun.

To report Grand Prix times call Tom Trettel (724) 229-0201 or e-mail trettelt@comcast.net. Or Grace Goffi at gracegoffi@verizon.net. For newsletter information or to submit an article contact Bob Pikelis e-mail r.pikelis@comcast.net.

Thinking thoughts thru thoughtful thinking:

Mickey Hornack

My timeline for running:

Childhood- no big deal could run forever
High school/college - sports side or academics ..
run was relative
20s-running was off radarsocial was tops
30s- start to see body change, tummy hid running
shoes, the old Oh-Oh
40s- families grew, time to reconsider some
change
50s - took more important role
60s - important role vs inability growth
70s - lucky to
80s - hopefully for me yet to come!!

Went to the Pittsburgh Great Race again this year,
father time, grim reaper and declining ability all
quite evident during event. Last race I had done
was same but 10k in 2017. Thinking 1 more!

Add Great Race, the reasons I like the Pgh GR are
most likely the same of those who don't like it.
Parking, bus ride, crowds, 5k event, finish and of
course SMILEY COOKIES! (nobody can possibly
dislike dem der cookies)

For those of you who enjoy the approaching "cold
weather" run/walk outdoors. You can have my
share ..no charge!

Quote "income tax has made liars out of more
Americans than golf.

The wife "encouraged" me to clean my work area.
In an effort to escape the duty I pointed out if I
clean the area I'd just make something else dirty!
Ahhh, work area looks quite nice!!

Saw my man "the Stush" at GR...sans shirt of
course. Rock on Stush!!

Walk/run -- On trail or in park? Which is your
choice and reasons?

Halloween & Thanksgiving approaching .. Our
man Blake and the buffet buster Joe Munchinelli
Mancinelli big days for obvious reasons.

Artificial intelligence in the new computer
community is more humanlike. Computers are
blaming all their mistakes on another computer.

UPCOMING RACES

We are now on the final home stretch of the
2018 racing season. Anyone who is close to
qualifying for any of the GP results, make sure to
check to see if all your club races were counted and
check here to see if you can get to any more of the
upcoming club runs. Remember that this is only a
partial list of races we have found and that the club
races are marked with a *. Check on the website
under Events Calendar for any more information on
these races.

11/10 – Zoo Zilla 5K – Pittsburgh Zoo
11/17 - Harvest Moon 10Mile/5K – Moon TWP PA
11/17 – *Turkey Trot 5K – Waynesburg
11/17 – Run 4 One Less Orphan 5K – Montour
Trail – Cecil PA
11/22 – *Turkey Trots in Burgettstown,
Uniontown, Greensburg, Sewickley, Pittsburgh
PA
11/24 – Salem Community Center Cookies, Cocoa
& Candy Canes 5K – Salem, OH
12/1 – Santa Sprint 1 Mile – Barnesville OH
12/1 – Red Kettle Run5K – Waynesburg
12/8 – Jingle Bell 5K – Pittsburgh, PA
12/9 – *Trot for Tots 5K/10K – Oakdale PA

26th ANNUAL BURGETTSTOWN TURKEY TROT 5K RUN AND FITNESS WALK

WHEN: Thursday, November 22, 2018 *Thanksgiving Day*

TIME: START: Runners 8:30 Walkers 8:32 Race Day Registration 7:15 AM to 8:00 AM

PLACE: Start and Finish at Burgettstown Middle / High School

Registration: By mail (prices listed)

Pre-register by 11/13/18 midnight

\$15.00 – Short Sleeved T-Shirt

\$20.00 – Long Sleeved T-Shirt

BEST to register ON-LINE!!!!

Registration after 11/13/18 shirt not guaranteed

\$20.00 – Short Sleeved T-Shirt

No shirts guaranteed after the 13th

T-Shirts by R & B Screen Printing 724-947-3032

REGISTER ONLINE: <http://www.athlinks.com/event/burgettstown-turkey-trot-2018-43277>

COURSE: A rolling out and back course through the streets of Burgettstown with "THE" challenging uphill finish to the Middle/High School.

DIVISIONS: Female Runners: by age

F1: 8 & under F2: 9-12 F3: 13-14 F4: 15-16 F5: 17-18 F6: 19-23 F7: 24-29 F8: 30-39 F9: 40-49 F10: 50-59 F11: 60 & up

Male Runners: by age

M1: 8 & under M2: 9-12 M3: 13-14 M4: 15-16 M5: 17-18 M6: 19-23 M7: 24-29 M8: 30-39 M9: 40-49 M10: 50-59 M11: 60 & up

Big Gobblers: by weight BG1: 190 – 225 BG2: 226 & up

Male Walkers: by age

MW1: 15 and under MW2: 16-25 MW3: 26-35 MW4: 36-45 MW5: 46-55 MW6: 56-65 MW7: 66 & up

Female Walkers: by age

FW1: 15 and under FW2: 16-25 FW3: 26-35 FW4: 36-45 FW5: 46-55 FW6: 56-65 FW7: 66 & up

Mail To: Burgettstown Middle / H S Burgettstown Turkey Trot 104 Bavington Road Burgettstown, PA 15021
304-374-0327 - Kelly Ward E-mail kward@burgettstown.k12.pa.us

AWARDS for 2018: Plaques awarded to the first Male and first Female Runners and Walkers. No Repeat awards.

Medals to first and second place finishers in each division.

Many door prizes in the gym at the awards ceremony

----- Make checks payable to Burgettstown Athletic Department ----- detach here -----

Name _____ Date of Birth _____ Age _____

Address _____ Phone _____
(If different than last time you raced the Trot)

City, State, Zip _____

Email _____

DIVISIONS: list your age in the proper category

B Gobbler circle one

Female Runner: age _____

Male Runners: age _____

Big Gobblers: by weight BG1: 190 – 225 BG2: 226 & up

Male Walkers: age _____

Female Walkers: age _____

ENTRY FEE: \$15.00 – Short Sleeved T-Shirt \$20.00 – Long Sleeved T-Shirt

After 11/13/18 \$20.00 – Short No LONG

Shirt style and size: Please circle **Short Sleeved** **Long Sleeved**
Adult

Youth Size

Small Medium Large X-Large XX-Large XXX-Large (\$3.00 more)

Small Medium Large

I will not hold the organizers or sponsors responsible for any injury or accident that may occur during the event.

Signature of Athlete

Date

Signature of parent or guardian if under 18

A GREAT RACE STORY

Here is a Great Race story about our club member, Dave Byers. Dave has just come back from another operation earlier this year and has been able to run a few more races this year. Congratulations, Dave, and glad to see that you are back at it again.

I missed the first one, but then ran in the following 4 or 5. My best time was in 1979 with a 38:30. I wish I could find all the results. I moved away to Cincinnati in 85 but came back home in 2003. Ran in 2005. Unfortunately, 3 months later, on January 1 at 12:30 AM I suffered a massive heart attack and had a quadruple bypass. The doctors said had I not been a runner I would have died. Since then I've had other health problems...kidney stones, another heart attack, my gall bladder removed, and lastly, this past February, necrophilia pancreatitis. This one almost killed me. But I don't let these problems stop me. I've run... more like walk and jog now...6 great races since 2007. Maybe not as impressive as Tom Abbott or Ken Balkey's string of all 40, but in my eyes, these races have kept me alive and are a driving force in my life. I'm registered in this year's run and will be gunning to beat my 2005 time. Also, what I hope to do is to have lost enough weight to wear my great race shirt from 1979 but had to make other plans after realizing it was sewn into a quilt. [#myGreatRace](#)

**"IN MY EYES,
THESE RACES
HAVE KEPT ME
ALIVE AND ARE
A DRIVING FORCE
IN MY LIFE."
-DAVE BYERS**



FLEET FEET™

PITTSBURGH

Voted one of "America's Top 10 Running Stores"

REGISTER TODAY FOR THE BRAND NEW JACK DANIEL'S HOT TODDY 5K - PITTSBURGH!

We are thrilled to be a part of the *hottest* new race in town! Mark your calendar and join us on **Saturday, November 17** for the first annual Jack Daniel's Hot Toddy 5k - Pittsburgh!

The 5k (3.1mile) race course starts and finishes at **Tequila Cowboy** and features a scenic route around the North Shore area. Participants can look forward to hot toddy's made with your favorite brand of whiskey as well as other surprises! Be sure to stick around after the race for music, food and drink specials, raffle prizes, and much more!

All participants receive the exclusive Jack Daniel's Hot Toddy 5k swag/perks:

- Official Jack Daniel's Hot Toddy 5k long-sleeved cotton race shirt
- Official Jack Daniel's Hot Toddy 5k insulated mug
- One free hot toddy made with your choice of Jack Daniel's whiskey: Jack Daniel's Tennessee Fire, Jack Daniel's Tennessee Honey or Jack Daniel's Original No 7.
- Exclusive drink specials when you show your bib at the post-race party at Tequila Cowboy
- Post-race entertainment

Registration is now open! Sign up today and join the fun!

**Save \$5 with the discount code
"FleetFeetPitt" TODAY!**



DOING THE
MOST GOOD®

The Salvation Army, an International movement, is an evangelical part of the universal Christian church. Its message is based on the bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

Race Information:

Ryan Smith

Phone: (740) 359-4467

rsmith@waynesburg.edu

Sponsorship Information:

Sister Audrey Quinn

Phone: (724) 852-1479

audrey.quinn@use.salvationarmy.org

Register Online:

salvationarmywpapa.org/5k

Greene County Salvation Army
131 West 1st Street
Waynesburg, PA 15370

**THE GREENE COUNTY
SALVATION ARMY PRESENTS:**

**RED KETTLE RUN
5K RUN/WALK**



DECEMBER 1, 2018



DOING THE
MOST GOOD®

LOCATION

Waynesburg Armory

500 EverGreene Drive
Waynesburg, PA 15370

From Pittsburgh/Washington

Take I-79 South to Waynesburg, Exit 14 (approximately 1 hour from Pittsburgh and 30 minutes from Washington). Turn left on East Roy Furman Highway, turn left at the Arby's.

From Morgantown

Take I-79 North to Waynesburg, Exit 14 (approximately 30 minutes). Turn left on East Roy Furman Highway, turn left at the Arby's.

From Uniontown

Route 21 West towards Waynesburg, turn right at the Arby's.



Connect with us on Facebook

Red Kettle Run - Greene County

RACE INFORMATION

Registration.....7:30 AM
Kids' Mile Fun Run.....8:30 AM
5K Run/Walk.....9:00 AM
Pancake Breakfast.....9:30 AM

**Pancake breakfast included with racer registration fee.*

5K RUN/WALK

19 & Under • 20-29 • 30-39 • 40-49 • 50-59 • 60-69 • 70+

KIDS' MILE FUN RUN

5 & Under • 6-7 • 8-9 • 10-12

ENTRY FEES & DEADLINES

	Pre-Registration (By Nov. 14)	Late Registration (After Nov. 14)
5K Run/Walk	\$20	\$25
Kids' Mile Fun Run	\$15	\$20

**Cost includes long sleeve t-shirt.*

To guarantee a t-shirt, register by November 14, 2018.

MEDALS & AWARDS

- Awards will be given to the overall top male and female finisher competing in the 5K run
- Medals will be given to the top three male and female runners in each age group competing in the 5K Run and Kids' Mile Fun Run
- Medals will be awarded to the top two male and female walkers in each age group competing in the 5K Walk
- All finishers will receive a Salvation Army patch

REGISTRATION

Visit SALVATIONARMYWPA.ORG/5K to register online or fill out, detach and mail this form with your check (payable to the Greene County Salvation Army) to:

Greene County Salvation Army, Attn: Sister Audrey Quinn
131 W 1st Street, Waynesburg, PA 15370

Name: _____

Gender: _____ Age: _____ (As of 12/01/18)

Home Address: _____

City: _____ State: _____ Zip: _____

Telephone: () _____

Long Sleeve T-Shirt Size (Please Circle One)

Adult Shirt Size: S M L XL XXL

Child's Shirt Size: S M L

Race Selection: 5K Walk _____ 5K Run _____

Kids' Mile Fun Run _____

WAIVER:

"In consideration of this entry being accepted, I, the undersigned, intending to be legally bound for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the sponsors of the Greene County Salvation Army, their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that I am physically fit and have been successfully trained for the completion of a race of this distance and difficulty."

Signature: _____

Date

Parent or Guardian (If under 18): _____

WCRRC RACE TIMES

CHAMBER CHASE 5K

Heath Piper	17:59(OA-1)
Mike Romzy	20:24(OA-2)
Carl Kondrach	20:28(OA-3)
Rich Sandala	21:24(A-2)
Kelley Murdock	23:13(OA-3)
Steve Chabala	23:59(OA-1)
Donna Patrino	30:27(A-1)
Barb Zappa	35:48(A-2)
Ed Frohnappfel	36:49(A-1)

C. CHASE 5K WALK

Barrie Baker	48:18(OA-1)
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GREAT RACE 5K

Heath Piper	16:47
Mike Romzy	19:02
Tina Seech	19:28
Stush Sadowski	22:09
Sarah Donley	22:17
Carl Kondrach	22:23
Mark Hospodar	24:57
Ann McCormick	28:19
Bill McCormick	29:19
Mickey Hornack	34:47
S. Kevin Berdis	38:35

GREAT RACE 5K WALK

Georgette Lacey	48:36
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GREAT RACE 10K

Emery Strotman	35:54
Greg Mussitsch	37:46(A-1)
Rich Sandala	42:07
John Ross	45:23
Bob Pikelis	45:35
Jaminique Milliren	48:01
Stush Sadowski	50:01
Nathan Milliren	51:15
Cathy Loos	1:00:16
Jim Loos	1:01:12
Sarah Rockwell	1:01:19
Dave Byers	1:13:54

AUGIES RUN 5K

Richard Klempa	25:13
Doug Midcap	27:40(A-2)
Kris Midcap	32:08(A-1)

AUGIES RUN 5K WALK

Rick Respole	36:18(OA-2)
Ken Hissam	41:48(A-3)
Blake Headen	41:50
Stan Czyzewski	48:08(A-1)

N. COAST HARBOR 5K

Tina Seech	20:45(OA-1)
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MCDONALD MCRUN 5K

Stush Sadowski	21:49(OA-1)
Gary Chabala	24:24(OA-3)
Blake Headen	43:48(WA-3)

OUTRUN POLIO 5K

Tina Seech	20:18(OA-1)
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CCAC 5K

Shane Brunazzi	25:03
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S&S TRAIL 15K

Tom Carter	1:51:49
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TANGER 5K

Tina Seech	19:35(OA-2)
Rich Sandala	20:03(A-1)
Kelley Murdock	22:47(A-1)
Donna Patrino	30:32(A-1)
Sarah Rockwell	30:07

MT RUSHMORE 13.1M WALK

Mike Turkaly	3:30
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WAYNESBURG UNIV 5K

Michael McCormick	20:55(A-1)
Ann McCormick	29:38(A-1)
Bill McCormick	32:36(A-1)
Albie Rinehart	34:25(A-1)
Kathy Starkey	36:18(A-2)
Mary Krett	38:50(A-1)

W. UNIV 5K WALK

Kelley Murdock	34:35(OA-1)
Karen Ilkin	37:32(A-1)

NEW HAMPSHIRE 26.2M

John Titus	4:32:34 (STATE #39)
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BUFFALO CREEK 13.1M

Heath Piper	1:20:10(A-2)
Greg Mussitsch	1:23:26(A-2)
Brittanie Lockhart	1:37:50
Carl Kondrach	1:40:21
Shane Brunazzi	1:50:18
Sarah Donley	1:51:39

PENQUINS 6.6K

Emery Strotman	24:09(A-1)
Mike Romzy	27:19(A-1)
Tina Seech	27:35(A-1)
Rich Sandala	28:23(A-2)

MUTTSTER MASH 5K

Forton Remington	26:04(A-1)
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LOVELAND 13.1M WALK

Carl Kondrach	2:09:24
Sarah Donley	2:35:16

MYRTLE BEACH 5K

Mickey Hornack	37:50(A-2)
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PUMPKIN FESTIVAL 5K

Rich Durbin	21:29(A-1)
Brittanie Lockhart	21:54(OA-3)
Terry Smith	22:58(A-3)
Richard Klempa	25:56
Carrie Perrell	28:31
S. Kevin Berdis	40:15(A-1)

P. FESTIVAL 5K WALK

Carl Kondrach	27:21(OA-2)
Kelley Murdock	34:09(OA-2)
Gary Bennett	34:50(M-1)
Felicity Smith	34:50(OA-4)
Sarah Donley	35:07(OA-5)
George Macek	37:08
Terry Whitecotton	37:39
Rick Respole	37:43
Cindy Mancinelli	39:55(A-1)
Mike Turkaly	40:20(A-1)
Ken Hissam	40:49
Blake Headen	41:21
Joe Mancinelli	46:23
Stan Czyzewski	50:49(A-2)

DORMONT DASH 5K

Steve Chabala	23:28(A-1)
Gary Chabala	26:06(A-2)

FORT WALTON 13.1M WALK

Rich Respole	2:58:49(OA-2)
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ROTARY 5K

Mary Krett	37:33(A-1)
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JACK O' LANTERN JOG 5K

Rich Sandala	21:58(M-3)
Bob Pikelis	23:05(A-1)
Stush Sadowski	23:36(A-1)
Shane Brunazzi	24:46(A-2)
Steve Chabala	24:52(A-2)
Gary Chabala	26:13(A-2)
Steve Mason	31:30(A-2)
Sarah Rockwell	33:20(A-5)
Shannon Cain	36:00
Chris Moschetta	38:14(HW-3)

JOL 5K WALK

Richard Respole	38:15(A-5)
Barrie Baker	47:58(A-3)

HELL ON HILLS 5K

Mark Hospodar	36:24
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GREAT PUMPKIN 5K

Carl Kondrach	21:40(A-2)
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Barnesville's 10th Annual
Santa's Spirit Sprint

Saturday, December 1st, 2018

@4:00pm

A 1 Mile Point-to-Point Racing Event Helping Kids



Help Us Go That Extra "Mile" for Needy Kids This Christmas

Directions: Interstate 70 East/West, Exit #202 (Barnesville/Dennison). Go 6.5 miles on State Route 800 South to 2nd Red Light. Turn left. Go 1.25 miles. Race begins at Barnesville High School and ends at Ferrum Fitness. Post Race Ceremonies also held inside (near the Finish Line on the right). Parking available at the High School & near the Finish Line.

Entry Fee: \$15 pre-registered (post-marked by November 10) \$16 after and race day. **Bring a new toy or send a gift card or certificate** (used to purchase clothes, toys, etc.) and **SAVE \$5.00!** 100% of proceeds directly benefit a needy boy and a girl (and all of their siblings) from EACH of the Grade-, Middle-, and High School levels from the Belmont County Schools District during the Holidays (minimum of 6 children; however, we have averaged 10 kids per year. In 2016, we bought for 18 children!)

Awards, enjoy door prizes, hot chocolate, One Tough Cookie cookies, Donley's Delights cupcakes and other yummys held inside The Haven (only 10 yards from the Finish Line). After the event, have the family stick around and watch the Barnesville Christmas Parade beginning @ 5:30! **ALL PARTICIPANTS ARE ENCOURAGED TO DRESS UP IN THEIR FAVORITE HOLIDAY OUTFITS!**

Registration: Registration will begin @ 2:45 at the high school. **Online Registration** is available at: www.RunSignUp.com

Trophies: Unique, beautifully hand-crafted, top-quality trophies will be awarded in the following categories:

Walkers: 1. Top 5 Male, Top 5 Female 2. Top 5 Masters M/F (50+) 3. Top 10 Over 50 Top 10 Under 50 Walkers: Please be fair to other walkers. If you register as a Walker, YOU MUST WALK the entire race. Walking is defined as having one foot on the ground AT ALL TIMES! Jogging or Trotting is considered slow running, NOT fast walking, even if you're a kid. **Runners:** 1. Top 5 Male, Top 5 Female 2. Top 5 Masters M/F (40+) 3. Top 2 M/F in A/G: **Age Groups:** (Run Only) 9 & Under, 10-14(3), 15-19, 20-29, 30-39, 40-49, 50-59(3), 60-69, 70+ **Special Awards for Youngest & Oldest Male & Female Finishers!**

Grand Prix: This race is #4 of 4 in the Barnesville Grand Prix Series. Please go to www.RailsToTrails5k.com for rules, results, standings, and other info. Please "Like" our page: www.Facebook.com/barnesvillegrandprix

Contact Info: Carl A. Kondrach, Director (740)310-2117 [cell]; (740)619-0070 [home]; E-mail: carlkondrach@yahoo.com

100% of Proceeds Directly Benefit Needy Children in the Belmont County School District During the Holidays

Mail form(s) and make check payable to:

Kidz Road Racing
808 North Chestnut St
Barnesville, OH 43713
Please Note: This is a mailing address. The Race Address is:
910 Shamrock Drive

Male

☐

Female

☐

Run

☐

Walk

☐

Name (please PRINT clearly)

Address

City

State

ZIP

Phone

Birthdate

E-mail (optional) Today's Date (\$15 after Nov 13th!) X

WAIVER: In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims which I may hereafter accrue against any event sponsors, event volunteers, event staff, and their officers, directors, agents, successors and/or assigns for any injuries suffered by me at this event while travelling to and from the event or while participating in it. I attest and verify that I am physically fit and sufficiently trained for competition of this event. I understand that I may be photographed and agree to allowing my photo, video, or film likeness to be used for any legitimate purpose by the aforementioned parties.

Signature Required (Parent/Guardian if under 18)

Date

☐

I have enclosed a gift card/certificate. This saves me \$5 (Mailed registrations) [Thank you!]

☐

I have brought a new toy/gift card. This saves me \$5 (Race day registrations) [Thank you!]

☐

I have enclosed or brought a new toy/gift card but keep the extra \$5 [Double Thank you!!]

Feel free to contact us for the Kids' Christmas Lists Wishes

GRAND PRIX 2018(As of 11-1)

Tina Seech	7	29:09
Lisa Lucas	1	30:24
Mike Romzy	6	34:05
Bob Pikelis	10	34:49
Emery Strotman	6	35:08
Rich Sandala	18	35:25
Ella Jane Custer	4	35:30
Heath Piper	7	35:34
Amy Koontz	8	36:05
Cathy Loos	6	36:25
Greg Mussitsch	4	37:38
Ann McCormick	3	37:49
Brittnie Lockhart	3	38:22
Hunter Midcap	1	38:26
Carl Kondrach	8	38:34
Stush Sadowski	11	38:36
John Koontz	7	38:57
Rich Durbin	5	39:57
Gary Chabala	7	40:40
Mike Melvin	5	40:50
Donna Patrina	9	40:58
Carrie Perrell	10	41:15
Kelley Murdock	5	41:21
Gary Bennett	4	41:22
Tom Carter	1	42:16
Grace Goffi	6	42:41
Richard Klempa	5	42:54
Sarah Donley	6	42:57
S. Kevin Berdis	5	44:01
John Ross	3	45:22
Hanka Rydl	2	45:30
Mark Hospodar	5	45:30
Eric Perrell	5	45:47
Doug Midcap	3	46:07
Terry Smith	4	46:16
Jaminique Milliren	5	46:28
Jonathan Garet	6	46:30
Steve Mason	2	46:33
Kathy Starkey	7	47:05
Kristine Midcap	2	47:09
Nick Fossum	4	47:38
Bill McCormick	3	48:15
Mary Krett	7	48:24
Michael Frere	2	49:06
Albie Rinehart	2	49:16
Scott Harrington	5	50:10
Shane Brunazzi	5	50:16
Forton Remington	2	50:18
Nathan Milliren	6	50:21
Jim Loos	5	51:03
Ed Frohnapfel	3	51:46
Trey Mussitsch	1	52:07
Barbara Zappa	5	56:37
Sarah Rockwell	4	56:45
Felicity Smith	1	58:24
Shannon Cain	5	60:18
Dave Byers	2	60:33
Chris Moschetta	3	64:02
Steve Chaballa	7	64:24
Ricky Andrews	4	68:08
Amy Martin	3	70:59
Blake Headen	3	71:31

Tracee Popeck 1 76:54

LDGP 2018(As of 11-1)

Tina Seech	1	30:58
Greg Mussitsch	3	35:10
Heath Piper	1	35:40
Bob Pikelis	5	35:46
Rich Sandala	4	37:11
Emery Strotman	3	37:32
Amy Koontz	7	38:38
John Koontz	8	38:41
Mike Bruno	4	39:37
Mike Romzy	1	39:55
Deb Doyle	2	41:29
Carl Kondrach	6	42:01
Brittnie Lockhart	3	43:00
Sarah Donley	6	43:39
Stush Sadowski	3	43:56
Carrie Perrell	1	44:11
Jaminique Milliren	1	45:44
Mark Hospodar	5	45:54
Jim Loos	2	48:07
Terry Smith	1	48:11
Eric Perrell	1	48:14
Tom Carter	3	48:32
Jonathan Garet	2	49:48
Shane Brunazzi	4	50:36
John Titus	4	51:50
Nathan Milliren	2	51:46
Scott Harrington	2	52:37
Felicity Smith	1	58:58
Amy Martin	1	88:52

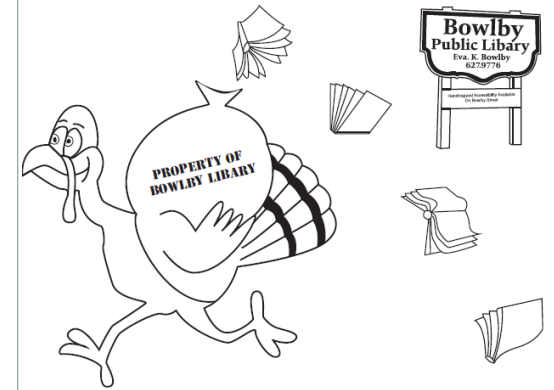
LDGP WALK(As of 11-1)

Carl Kondrach	3	53:35
Rose Gray	3	58:38
Sarah Donley	3	63:12
Richard Respole	5	63:21
Mike Turkaly	2	66:45
Stan Czyzewski	2	72:33
Ken Hissam	1	73:04
Andrew Grimm	1	106:52

GRAND PRIX WALK(As of 11-1)

Ella Jane Custer	1	35:33
Georgette Lacey	5	50:24
Gary Bennett	5	51:41
Carl Kondrach	5	53:42
Cindy Mancinelli	2	53:53
Rose Gray	5	57:47
Karen Ilkin	1	58:04
Terry Whitecotton	3	59:24
Richard Respole	12	59:41
Kelley Murdock	7	60:42
Sara Donley	6	61:01
Mike Turkaly	5	61:16
Felicity Smith	3	62:20
George Macek	6	62:30
Ken Hissam	5	68:08
Stan Czyzewski	5	71:20
Barrie Baker	4	71:57
Joe Mancinelli	5	71:57
Blake Headen	5	76:41
Chip Grimm	2	99:25
Andrew Grimm	2	101:14

Eva K. Bowlby Library
Sat., Nov. 18, 2017



5K Turkey Trot



Race Time:

1K Children's Fun Run-9A.M.
5K Run/Walk-9:30A.M.

Location:

Bowlby Library Gazebo
311 N West Street
Waynesburg, PA 15370

Online Registration:

[https://runsignup.com/
race/pa/waynesburg/
bowlbylibraryturkeytrot](https://runsignup.com/race/pa/waynesburg/bowlbylibraryturkeytrot)



I/we hereby, for myself, my heirs, executors, and administrators, waive, release and discharge Eva K. Bowlby and any additional hosts or sponsors of the 5K Turkey Trot, from any claims, demands or cause of action. I/we agree to indemnify and hold each of them harmless for any and all injuries suffered or alleged to be suffered in connection with such event. I/we acknowledge the awareness of the complete assumption of responsibility for the risks involved in this event, and I/we understand the terms of this release. I/we am/are physically fit and have trained sufficiently to compete in this event. I hereby grant full permission to any or all of the foregoing and photographs, videotapes, motion pictures, recordings and/or other record of this event for any legitimate purpose. All race entries are non-refundable. The race director reserves the right to refuse entries.

Signature: _____ Date: _____

Registration Form

Name: _____ Date of Birth: _____ Age on race day: _____

Street: _____ City: _____ State: _____ Zip: _____

Gender: _____ Email: _____ Shirt Size (circle) YS YM YL S M L XL XXL

Circle race participation: 1K Children's Fun Run, \$15 (\$20 Day-Of) 5k Walker, \$25 (\$30 Day-Of)
5K Runner, \$25 (\$30 Day-Of) Phantom Runner Donation Amount \$ _____

Circle payment method: Cash / Check (made payable to Bowlby Library, Memo Line—5K Turkey Trot)

Credit Card (log onto evakbowlby.org and use the Paypal option)

Signature _____ Date: _____

(Parent's signature required if under 18 years of age)

Mail or drop off to: Bowlby Library, 311 N West Street Waynesburg, PA 15370 (Attn.: 5K Turkey Trot)

5K TURKEY TROT RUN/WALK

Awards to top 3 male
and female walker/
runner, finishers in
each age category:

14 and under

15-19

20-29

30-39

40-49

50-59

60+

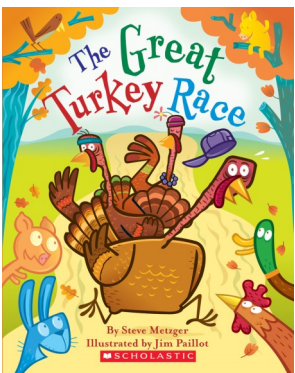
\$25, each participant
Return registration form by
10/31/17 to guarantee a
t-shirt.

Award ceremony will be held
at 10:30am at the Gazebo.
Awards may be picked up
immediately after the race for
those that cannot stay for the
ceremony.
Awards will not be mailed.

The Wobble Gobble: 1K Children's Fun Run

12 & Under, \$15

All children receive a t-shirt
and a copy of the book:



“Pardoned Turkey” (Phantom Runner)

If you are unable to participate
in the 5K Turkey Trot but
would still like to donate,
please complete the
registration form and select
“Pardoned Turkey” and
indicate your donation
amount.